



DfG Personal - User Guide



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What is the 'DfG Personal'?

The 'DfG Personal' web app is the central hub for all activities within the Crane – DATA for CARE universe.

Logging in as a first-time user

1. Open the following link from your phone to access the DfG Personal web app:

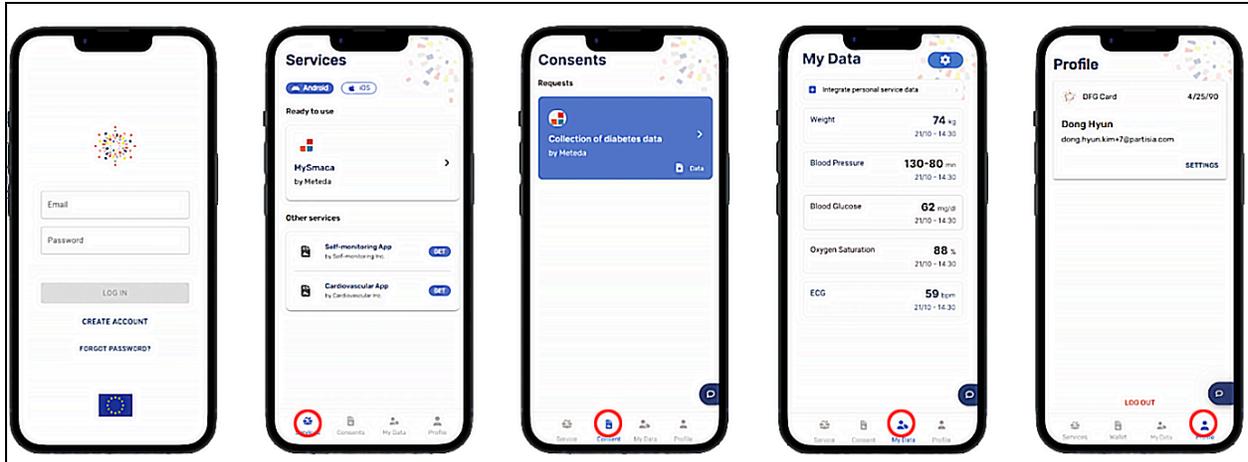
crane.dataforgoodfoundation.org

If you have been provided by Data for Care with a pre-configured mobile phone you can find a direct link icon for DfG Personal on the home screen. Login to your DfG Personal account, if you have one already. If you don't have an account, you can proceed to sign up by clicking on the "Create an account" button.

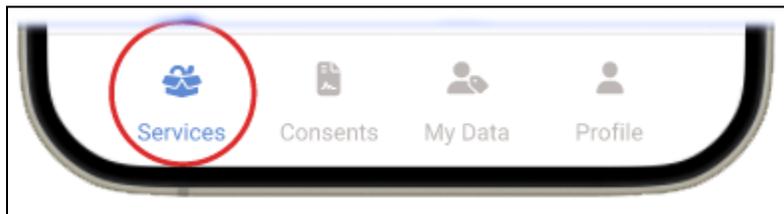
If you are using your own mobile phone, you should add the DfG Personal web app to your home screen in your Android phone. You can see a short video to see how this is done here: [[LINK](#)]

2. As part of the sign up process, you'll need to provide an email address, first name and last name, date of birth, choose your country and also you will have to choose a password of your choice. To create an account you also need to accept the Membership agreement. You can click on the link to read more, where you also can read about our Privacy policy.
3. Notice that you also can choose which language you want the app to use - by clicking on the flag button at the top.
4. After you complete the signup form, you'll be asked to login by introducing the email address and the password you've just created.

Once you've successfully signed up and completed the onboarding flow, four main menus will be shown to you: **Services**, **Consents**, **My Data** and **Profile**, located at the bottom of the screen.



Exploring the services menu



In the SERVICES menu you will find an overview of the services you use and services that are available in the platform. For the pilot test, the MySmaCa service is available for testing.

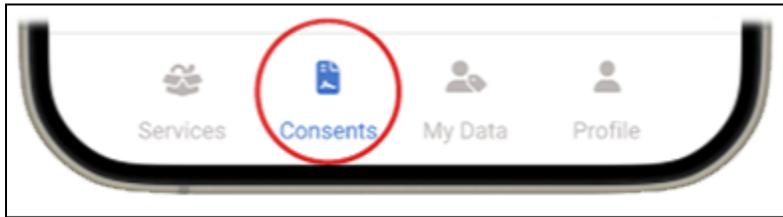
This is how you get access to MySmaCa:

- a. Click on MySmaCa in the SERVICES menu.
- b. Login with your DfG user credentials (e-mail and password). (Note: If there is a new version of MySmaCa, you will be asked to update it)
- c. For more detailed info on the MySmaCa service, you can find a user manual at the About section on MySmaCa or on the “Services and Devices” section of the

DfG Personal Support page

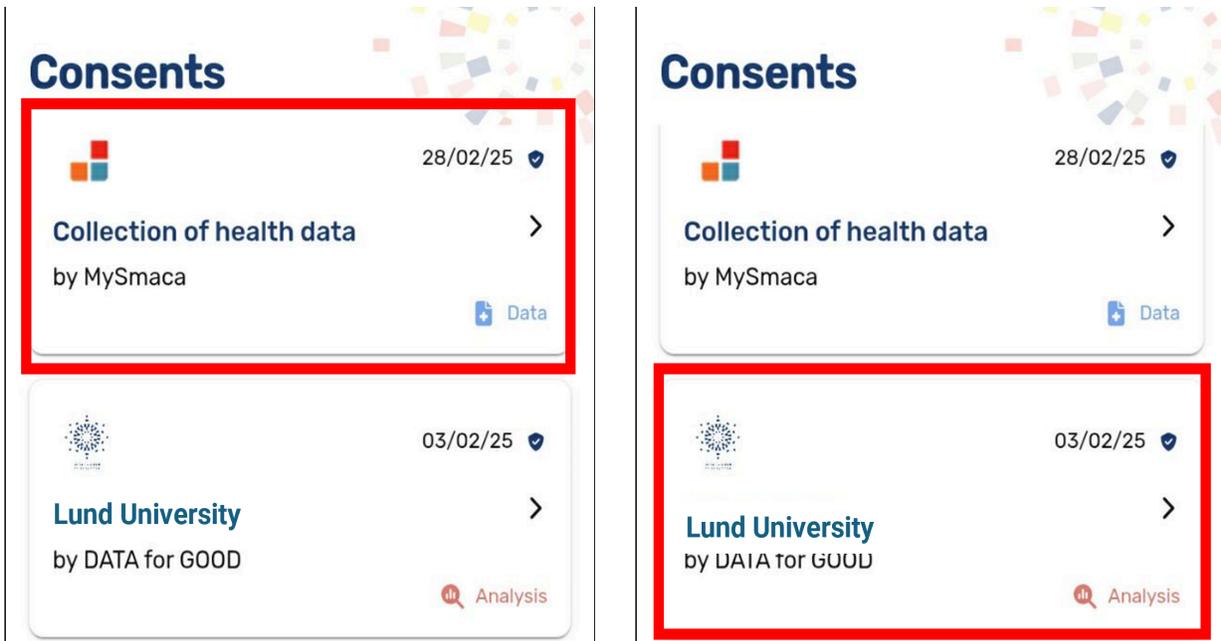
Now leave the MySmaCa app and switch back to the DfG Personal web app to continue exploring other menus.

Exploring the consents menu

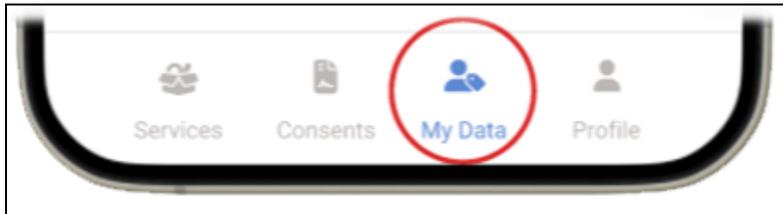


In the CONSENTS menu you can see and manage your consents. You get an overview of the consents you have given and new incoming consent requests.

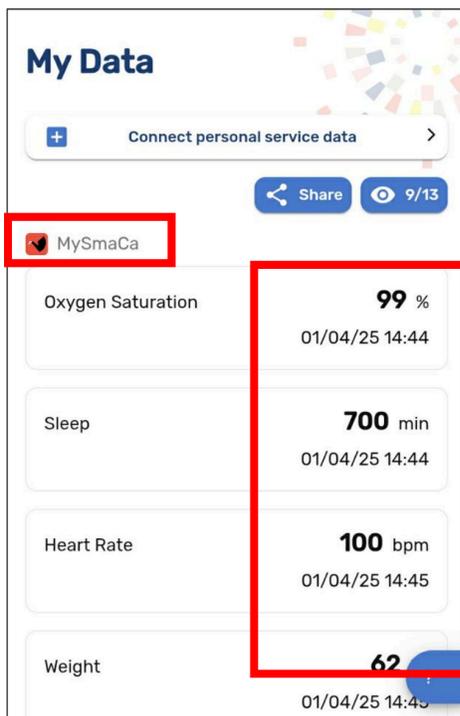
In this pilot test you can experience different types of consents – a **data transfer consent** from MySmaCa and possibly an **analytic consent** request.



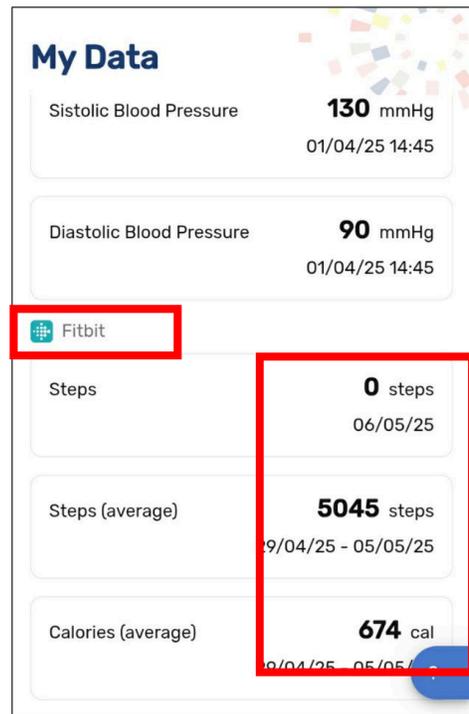
Exploring My Data's menu



In the MY DATA menu of the DfG Personal platform you will be able to see an overview of your data and measurements provided from your services – in this case MySmaCa – and see third party data connected to DfG Personal – in this case Fitbit.

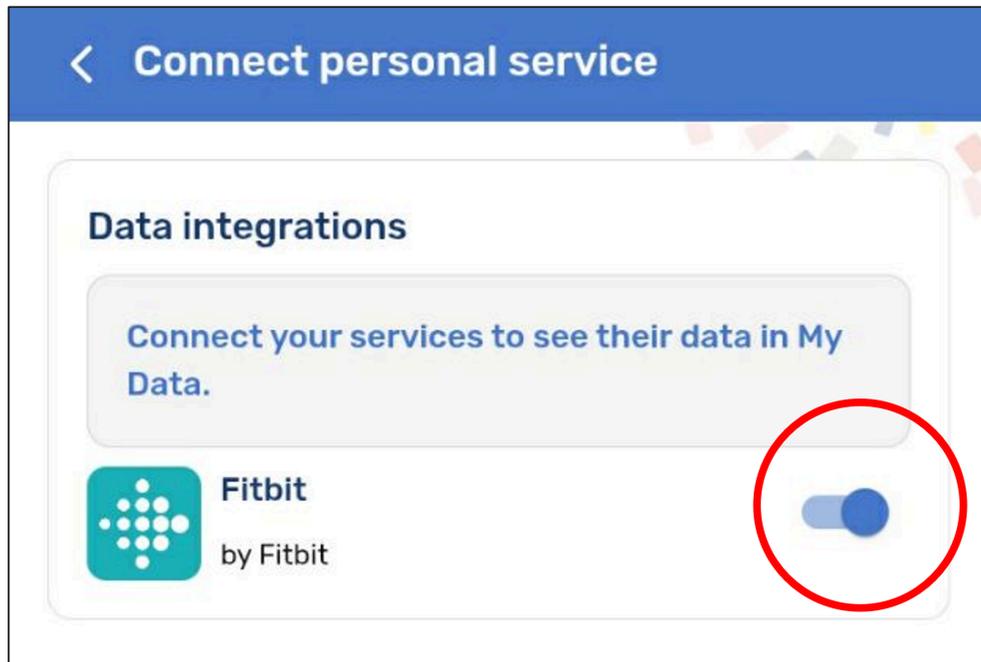


↓
**SCROLL
DOWN**
↓



If Fitbit data are not visible, it means Fitbit data provider is not connected

1. To connect to a third party data provider, you need to click on the “Connect personal service data” where you can see your connections to third party services – in this case “Fitbit”.



2. Click on the Fitbit switch and you will be directed to the Fitbit app login screen, where you need to login.
3. For the login click on the “Login with Google” icon and login with your Google Account that is connected to Fitbit.



DfG Personal (Crane) tramite **DATA for GOOD**

desidera poter accedi ai seguenti dati sul tuo account

- Autorizza tutto
- attività e allenamento
- peso ⓘ

Se autorizzi solo alcuni di questi dati, DfG Personal (Crane) potrebbe non funzionare come previsto. Ulteriori informazioni su queste autorizzazioni [qui](#).

Nega

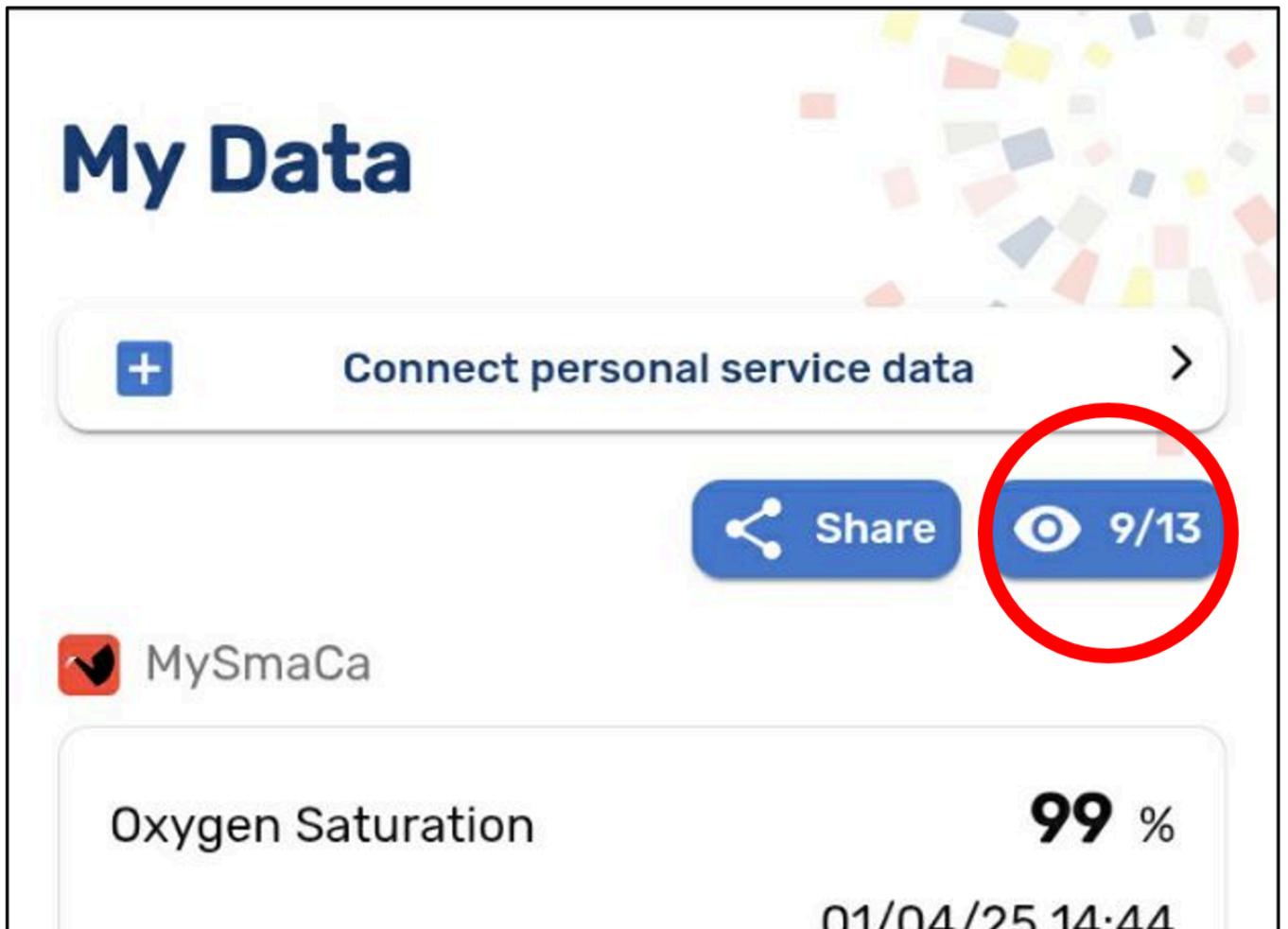
Consenti

I dati condivisi con DfG Personal (Crane) saranno regolati da

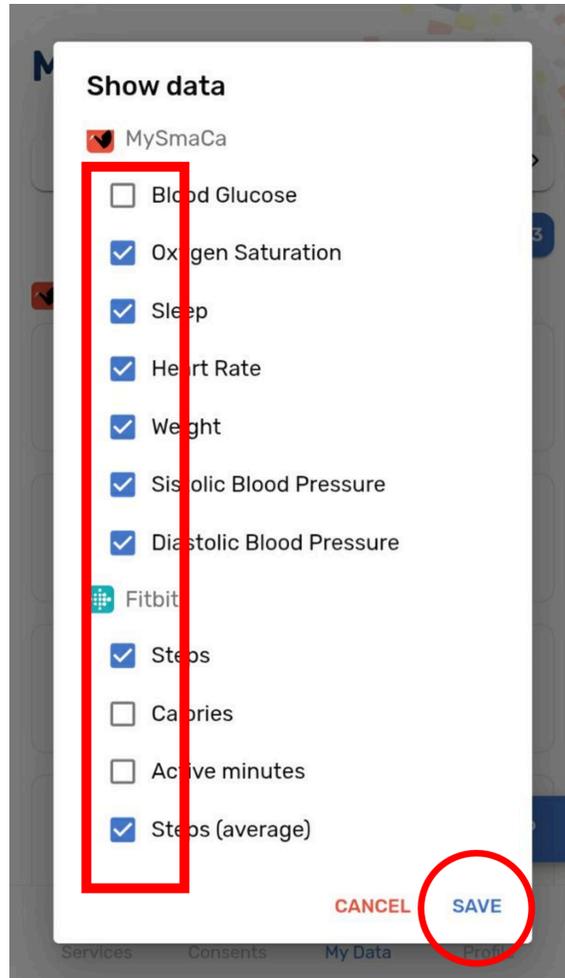
4. You will now be asked what Fitbit data points you will allow the “DfG Personal” to access. For the best result click “Select all”, and you will get all the possible data points provided to the app. Then click “Consent” and you will be transferred back to the “Connect personal service data” screen where you will see that Fitbit is now connected.
5. In the MY DATA menu you will now see your data from your Fitbit device.

Selecting your data points

In MY DATA you can always click on the “eye” button on top-right, to open the list of the available data points you can manage.

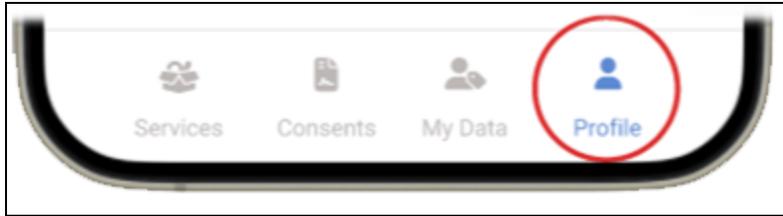


This list is strictly depending on the service provider you have given consent to. In the example below, data coming from the two service provider connected in the previous sections are present.



By default, all the items are checked, which means you can normally see all the corresponding data point in your data overview. You can uncheck any item at any time to make that data point unavailable in your overview. Don't forget to click "Save" when your selection is complete.

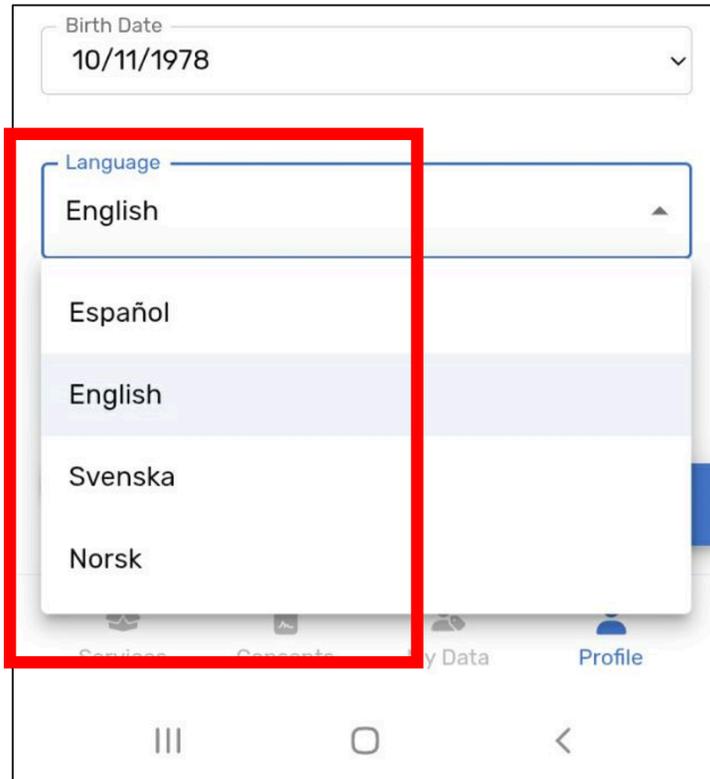
Exploring your profile



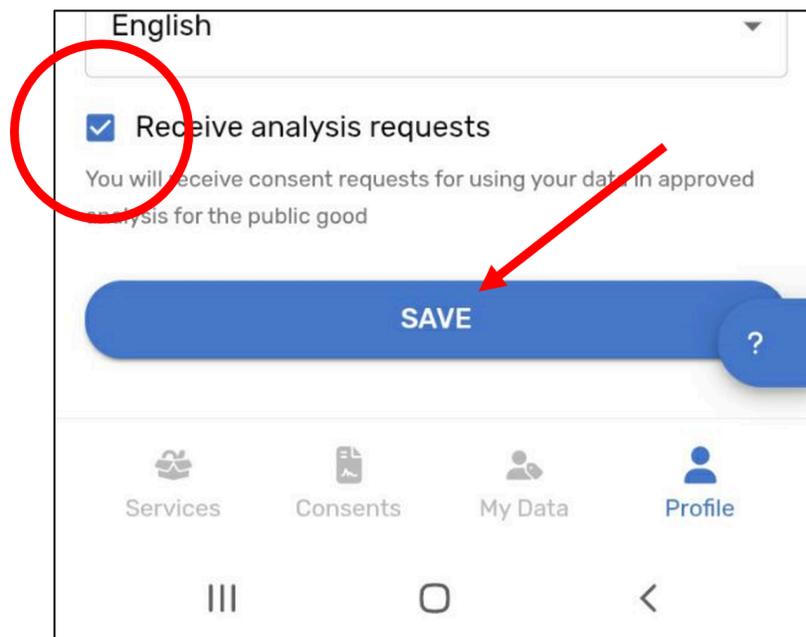
In the PROFILE menu, you can edit your account details.

A screenshot of the 'Account Settings' screen in a mobile app. The title is 'Account Settings' with a back arrow. Below it is the name 'Mauro Catena' and a profile picture placeholder. The form contains four fields: 'First Name' with the value 'Mauro', 'Last Name' with the value 'Catena', 'Country' with a dropdown menu showing 'Spain', and 'Birth Date' with a dropdown menu showing '10/11/1978'. A trash can icon is visible in the top right corner.

You can also choose to change the language of your DfG Personal app by choosing your preference from the drop-down menu below your personal data.



Finally you can choose whether you want your data to be eligible for research/analysis by using the check-box – meaning you can decide to switch off receiving ANY analysis requests at all. Don't forget to click “Save” to make your changes effective.



Furthermore, you can also log out of the platform at the bottom of the profile menu.

Link to DfG's support website

You can always take a look at the resources from CRANE that are uploaded to Data for Good's website.

Link to your online website with your test guide and support

<https://dataforgoodfoundation.org/crane/support/>

Contact for support

Contact us

Couldn't find the solution to your problem in the support page

<https://dataforgoodfoundation.org/crane/support/>

Select your preferred method to reach out to our Support staff

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About the Crane project

Crane is a European project that aims to develop an integrated model for self-managed improvement of the well-being of chronic patients

Crane aims to change the citizen's self-perception as being a patient to become an active citizen by creating a platform where chronic patients move to self-management – supported by two pillars:

Healthcare from home

- Innovative technology.
- Intelligent use of data.
- Interaction with and monitoring patients/citizens.
- Reduced need for professional healthcare.

Garden of Care

- A tailored ecosystem to improve control, safety, security, freedom and well-being awareness of citizens.
- A strong ecosystem of health- and social-care providers to fulfill patients/citizens multiple needs.
- Support of self-managed treatments.

How will this work?

First, the patient/citizen will become in charge of his/her own health by giving him/her new insights, access to, and control of his/her own data – supported by GDPR legislation and the newest European data strategy.

This will provide new solutions for better control of own health data. And the ability to share the data when and with whom you want. In that way the patient's data can be used for the greater good and at the same time improve the patient's own health and well-being.

Today data in health and social care systems have different structures and are stored in many different silos. With this solution data and services from all actors – citizens, eHealth and the welfare tech industry as well as private and public healthcare and social service providers – can be shared and used securely and under the control of the patient/citizen.

Second, Crane will provide a secure public-private data platform solution that serves as a safe storage for the citizen's personal health data. To ensure acceptance and trust with the patient/citizen Crane will provide transparent and open policies, educational material and a feedback system to show potential gains for the individual – all provided via the Data for Good platform.

Crane Garden of Care is tailored to

- ❖ Improve control, safety, security, freedom and awareness of the citizen's well-being
- ❖ Empower the citizen to take responsibility for the design of his/her own personal integrated care mode and program.
- ❖ Encourage taking responsibility for your own health.